Brazilian Butt Lift FAQ
What is a Brazilian Butt lift?
A Brazilian butt lift is a great surgical procedure that takes fat from areas that you do not want to areas that you do. Using your own fat is the most natural way to augment your buttocks. Both men and women are candidates for this procedure.

What about buttock implants vs. fat transfer to the buttocks?
A buttock implant is a prosthesis that is implanted to add volume to the buttocks. Buttock implants are most commonly filled with silicone, similar like a breast implant but more solid. There are various risks associated with buttock implants that include: the implant shifting, excess bleeding, fluid collection and capsular contracture. The final look and feel of the implant is less natural than the fat transfer.

With the fat transfer (Brazilian Butt Lift) the patient has to have a sufficient amount of fat to harvest from another region of the body. Fat can usually be removed from the abdomen, flanks, back, and thighs with liposuction. The fat that is harvested is processed and injected to the buttock to add the desired volume and shape. The results with the fat transfer are better than with an implant because of the following: The result is more natural in look and feel. Much lower risk of complications. The results can create a better final result.

What areas of my body will you get the fat from?
The abdomen, flanks, and back have a greater amount of fat that can be harvested. Fat can also be removed from the arms and thighs. Anywhere that the patient has excess fat.

How much fat can I expect to keep permanently?
You can plan to keep about 50-80% of the transferred fat.

If I lose weight after the surgery, will my buttock size decrease?
Changes in your weight should not significantly change the size of your buttock, unless the decrease of weight is dramatic. Just like regular fat.

When is it ok to sit on my buttock?
It is recommended that you do not sit on your buttocks for the first six weeks. It takes time for the transferred fat to develop a blood supply. Sitting on your buttocks before the six weeks can cause your butt shape to change and also the fat can die due to excessive pressure. After the six weeks you can sit with no problems or concerns.

Does the transferred fat migrate?
The fat does not migrate.