Labiaplasty FAQ
How soon after a labiaplasty do I have to refrain from sexual intercourse?
You will need to refrain from any type of sexual intercourse (vaginal penetration) for at least 6 weeks.

What is a labiaplasty?
A labiaplasty is a surgical procedure that alters the appearance of the labia minora, labia majora and the folds of skin surrounding the vulva. A labiaplasty removes excess tissue from the labia.

Who is a good candidate for a labiaplasty?
Women with larger or uneven vaginal lips are the best candidates for a labiaplasty. Women who have pain or discomfort during sexual intercourse. Women who have discomfort when wearing certain types of clothing.

Will I have a scar after my labiaplasty?
Yes you will have scars after a labiaplasty. The scars typically heal well, and they are difficult to detect once they are healed.

What type of anesthesia is used for a labiaplasty?
A labiaplasty can be done under local anesthesia with oral sedation or general anesthesia. Most patients prefer to have the procedure under local anesthesia with oral sedation because the postoperative recovery is immediate, and you do not have any of the postoperative recovery and discomfort from the general anesthesia which includes drowsiness, nausea, and vomiting.

Will I have sutures?
Yes, you will have sutures in place after your labiaplasty. Generally all the sutures in place are dissolvable. The sutures can take up to two weeks to dissolve.

Does it matter my age to get a labiaplasty?
I do not have an age limit for a labiaplasty. Some women are are born with a large labia that can cause problems physically or emotionally. Parental consent is required for anyone under the age of 18.

Can I have a labiaplasty if I have not had children yet?
Absolutely you can have a labiaplasty if you have not had children. If your labia is bothersome to you emotionally or physically there is no need to wait.

Will my sexual partner see or feel any changes resulting from my labiaplasty?
It is highly unlikely that a “new” sexual partner will know that you have the procedure. Scars from a labiaplasty tend to heal very well.